

Monday

Tuesday

Wednesday

Thursday

Friday



2

Students MUST select all components offered daily at breakfast. Seasonal fruits may be substituted for fresh fruits as available.

4

INDEPENDENCE DAY

Text **"FOOD"** to **877-877** to find a summer feeding site near you!



6

9

Ultra Banana Bread Slice
Fresh Fruit
1% or Skim Milk

10

Cherry Frudel
Fresh Fruit
1% or Skim Milk
*Cold Cereal Off Sites

11

Mini-Cinnis
Fresh Fruit
1% or Skim Milk

12

Blueberry Waffles
Fresh Fruit
1% or Skim Milk
*Cold Cereal Off Sites

13

Corn Chex Cereal
Fresh Fruit
1% or Skim Milk

16

Nutrigrain Bar
Fresh Fruit
1% or Skim Milk

17

Apple Frudel
Fresh Fruit
1% or Skim Milk
*Cold Cereal Off Sites

18

Kix Cereal
Fresh Fruit
1% or Skim Milk

19

Maple Pancakes
Fresh Fruit
1% or Skim Milk
*Cold Cereal Off Sites

20

Rice Chex Cereal
Fresh Fruit
1% or Skim Milk

23

UBR
Fresh Fruit
1% or Skim Milk

24

Chery Frudel
Fresh Fruit
1% or Skim Milk
*Cold Cereal Off Sites

25

Mini Cinnamon Bagel
Fresh Fruit
1% or Skim Milk

26

Berry French Toast
Fresh Fruit
1% or Skim Milk
*Cold Cereal Off Sites

27

Cheerios Cereal
Fresh Fruit
1% or Skim Milk

30

Ultra Zainy Bread
Fresh Fruit
1% or Skim Milk

31

Apple Frudel
Fresh Fruit
1% or Skim Milk
*Cold Cereal Off Sites

It is our intent to have these choices available to all students at all times. However, there may be occasions when choices are limited.

